

ALLEGHENY COUNTY DEPARTMENT OF HUMAN SERVICES AREA AGENCY ON AGING NUTRITION DEPARTMENT

NUTRITION, INC.

## HOME DELIVERED MEAL MENU APRIL 2024

April 1	April 2	April 3	April 4	April 5
Winter Beef Stew Brown Rice Peas Wheat Bread Mandarin Oranges	Pulled Pork Broccoli Wheat Bun Warm Cinnamon Apples	Hot Dog w/Roll Jambalaya Rice Green Beans Mixed Fruit	Chicken Piccata Gourmet Potatoes Pea Wheat Bread Fresh Apple	Egg Omelet w/Peppers & Onions Potatoes O'Brien Mini Biscuit Fresh Seasonal Fruit
April 8	April 9	April 10	April 11	April 12
Pasta & Meatballs Italian Green Beans White Bread Mandarin Oranges	Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Seasonal Fruit Cookie	Roast Beef w/Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	Cheese Lasagna Broccoli Dinner Roll Warm Peach Crisp
April 15	April 16	April 17	April 18	April 19
Orange Chicken White Rice Stir Fry Vegetables Wheat Bread Pineapple	Bonnie's Chicken & Rice (w/Peas & Mushrooms) Broccoli Wheat Bread Warm Pears	Italian Sausage w/Hot Dog Roll Pepper/Tomato/Onion Spinach Oatmeal Crème Pie	Beef Marsala Whipped Potatoes Green Beans White Bread Fresh Seasonal Fruit	Vegetable Lasagna Italian Green Beans Dinner Roll Warm Sliced Apples
April 22	April 23	April 24	April 25	April 26
Chicken Parm Sandwich Home Fries Pepper/Tomato/Onion Hamburger Bun Gelatin	Mushroom Swiss Burger Carrots Seasoned Potatoes Hamburger Bun Tropical Fruit Cup	Pepper Steak w/Gravy Cabbage & Noodles Peas Wheat Bread Fresh Seasonal Fruit	Open Face Turkey w/Gravy Garlic Whipped Potatoes Peas White Bread Mandarin Oranges	Black Bean Chili Green Beans Rice White Bread Fresh Seasonal Fruit
April 29	April 30			
Pork W/Stuffing & Gravy Whipped Potatoes Carrots White Bread Applesauce	Cheeseburger Seasoned Potatoes Peas Hamburger Roll Peaches			

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.