

## 2019 Senior Farmers' Market Nutrition Program

The annual Senior Farmers' Market Nutrition Program (SFMNP) is available to eligible consumers across the county. Any eligible individual may receive one set of checks to be spent at participating farmers' markets. One set of checks is worth \$20.00 (issued as four checks worth \$5.00 each). SFMP documents are available in Russian, Cantonese, Mandarin, Nepali, Spanish and Braille at Senior Community Centers.

The checks may be used through November 30<sup>th</sup> to purchase produce that is **grown in Pennsylvania or purchased directly from a Pennsylvania farmer**. Examples of Pennsylvania produce are apples, beans, berries, carrots, grapes, melons, spinach and tomatoes. Consumers must spend the entire \$5.00 check; change will not be given. Lost or stolen checks will not be replaced.

Eligible individuals not able to get to a distribution site can have a proxy pick up their checks. All individuals must correctly complete a proxy form (**front and back**) to have a proxy receive checks for them.

Proxy forms are available at:

- participating senior centers,
- the Allegheny County Area Agency on Aging (AAA) website  
<https://www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Senior-Farmers-Market-Nutrition-Program.aspx>
- the Pennsylvania Department of Agriculture website  
[https://www.agriculture.pa.gov/Food/food\\_assistance/Farmers%20Senior%20Farmers%20Market%20Nutrition%20Program/Pages/default.aspx](https://www.agriculture.pa.gov/Food/food_assistance/Farmers%20Senior%20Farmers%20Market%20Nutrition%20Program/Pages/default.aspx)

### Eligibility:

- **Allegheny County resident**
- **60 years of age or older (by December 31, 2019)**
- **Meet the income guidelines (self-reported):**
  - **One person household: At or below \$23,107**
  - **Two-person household: At or below \$31,284\***

**\*Married couples may each receive one set of checks**
- **Older adults living in a residential facility that provides meals are not eligible to receive checks**



### Distribution Day: Tuesday, June 11<sup>th</sup>

Checks are distributed on a first come, first served basis, no exceptions. At the time of distribution be sure to bring identification with proof of age and residency.

