

LUNCH MENU FEBRUARY 2020








IMPORTANT: To register for lunch on Monday & Tuesday sign up Friday by 1 PM

To register for lunch on Wednesday & Thursday sign up Tuesday by 1 PM.

To register for lunch on Friday sign up Thursday by 1 PM.

Meals are served to those registered.

Call 412-795-2330 or stop by the front desk. (A small donation is appreciated)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
2/3/19 Pulled BBQ Pork Sandwich Parsley & Chive Potatoes Brussels Sprouts Wheat Bun Fruit Cocktail	2/4/19 Tuna Salad Confetti Rice Salad Marinated Cucumbers Dinner Roll Orange	2/5/19 Stuffed Pepper Whipped Potatoes Carrot Coins Rye Bread Cherry Cake w/Powdered Sugar	2/6/19 Lemon Pepper Cod Cabbage & Noodles Italian Green Beans & Stewed Tomatoes Multi-Grain Bread Red Delicious Apple	2/7/19 Turkey Chili Sauteed Zucchini and Yellow Beans Macaroni Italian Bread Pineapple and Mandarin Oranges
2/10/19 Salisbury Steak with Spanish Tomato Sauce Savory Potatoes Carrot Coins Honey Cracked Wheat Bread Orange	2/11/19 Baked Cod Gourmet Potatoes Peas Multi-Grain Bread Tartar Sauce Sliced Peaches	2/12/19 Turkey w/Gravy Scalloped Potatoes Corn w/red pepper Wheat Dinner Roll Pineapple Cuts Fig Newtons	2/13/19 Baked Ziti with 4 Cheeses Spinach Salad Green & Wax Beans Dinner Roll Banana	2/14/19 <u>Valentine's Day Menu</u> Tuscan Chicken with Sauce Butternut Squash Beets Italian Bread Sugar Cookies with Red Sprinkles
2/17/19 <u>President's Day</u> Cowboy Burger with Onions & Mushrooms Baked Beans Wheat Bun Apple	2/18/19 Honey Mustard Chicken Breast Whipped Yams Cauliflower & Red Pepper Wheat Bread Pear Cuts	2/19/19 Penne & Turkey Meatballs Tossed Salad Italian Bread Orange	2/20/19 Apple Spice Pork with Sauce Whipped Potatoes Italian Green Beans Honey Cracked Wheat Bread Apricots	2/21/19 Chicken Salad Marinated Vegetables (tomato, cucumber, pepper) Potato Salad Dinner Roll Sliced Peaches
2/24/19 Turkey Patty with Dijon Sauce Parsley Potatoes Peas & Carrots Wheat Bread Tangerine	2/25/19 Pepper Steak with onions, green peppers, mushrooms Whipped Potatoes Multi-Grain Bread Fruit Cocktail Graham Crackers	2/26/19 <u>Ash Wednesday</u> Baked Cod Florentine Haluski Stewed Tomatoes Wheat Roll Banana	2/27/19 Teriyaki Meatballs Wild Rice w/Orzo Pepper Coleslaw Gala Apple	2/28/19 Tuna Salad Potato Salad Marinated Green Beans Dinner Roll Pineapple Cuts

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.